



SELF-ADVOCATES ADVISORY COMMITTEE NOTICE/AGENDA

Posted on www.scdd.ca.gov



DATE: Wednesday, November 16, 2011



TIME: 10 a.m. – 4 p.m.



PLACE: Hilton Sacramento Arden West
2200 Harvard Street
Sacramento, CA 95815
(916) 922-4700

Pursuant to Government code Sections 11123.1 and 11125(f), individuals with disabilities who require accessible alternative formats of the agenda and related meeting materials and/or auxiliary aids/services to participate in this meeting should contact Robin Maitino at (916) 322-8481 or email robin.maitino@scdd.ca.gov. Requests must be received by 5:00 pm, November 14, 2011.

**Means action*



1. CALL TO ORDER

J. Allen

2. ENOUGH MEMBERS HERE?

J. Allen



3. HELLO AND WHO ARE YOU?

J. Allen

4. PUBLIC COMMENTS



*This for visitors **only** to give comments and/or information to the Committee on things **not** on the agenda. Each person can have up to three minutes to speak. Visitors, who asked in writing to talk, if any, will be first. The Committee will give time for visitors to talk, for not more than a total of seven minutes before each action item.*



5. * APPROVE SEPTEMBER MEETING NOTES

J. Allen

6. PERSONAL LEADERSHIP

All



- a. Update on Personal Mission Statements/Action Plans
- b. Update on Community Presentations
- c. Professionalism Tips: Checklist for Preparation
- d. "Getting Unstuck": More Tips



7. LUNCH

8. ***COUNCIL MEETING AGENDA ITEMS**

All



- a. Meeting Agenda Highlights
- b. Employment First Update/Action
- c. Legislative Update/Actions
- d. Jay Nolan Community Services Sponsorship Request
- e. SAAC Committee Action Report to SCDD
- f. Member Reports



9. **BREAK**



10. **LEADERSHIP PROJECTS**

All

- a. Facilitation Survey Summaries
- b. Community Assignments



11. **END MEETING**

J. Allen



SELF-ADVOCATES ADVISORY COMMITTEE

Meeting Notes

September 20, 2011

Members: Jennifer Allen, Jennifer Walsh (and facilitator), Molly Kennedy, Lisa Cooley, Kerstin Williams (and Angela Lewis, facilitator), Michael Bailey, Tammy Eudy, Dan Boomer

Guests: Leroy Shipp, Carol Risley, Lois Cissell

Facilitators: Mark Starford, Charlene Jones, Joan Burg

Coach: Char Wilson

1. WELCOME/INTRODUCTIONS - Jennifer Allen

2. DISCUSSION: KEY WORDS FROM SAAC MISSION STATEMENT

Promote independence:

Everybody lives as independently as they can with services & supports they need to be successful.

Inclusion:

To be equal with the group, have the same voice with the group. Not be a “token”, or included because you are the only woman, minority, but because your contribution is really desired.

Increase council member involvement:

Be an active member of the council, be vocal about issues, and be engaged in the meetings. People might need reasonable accommodations, such as a laptop so people can read meeting notes.

Be a voice for Californians with developmental disabilities:

We need to extend ourselves and think of the needs, wishes, wants and priorities of 240,000 people with developmental disabilities.

Advocate with peers through policymaking:

A good example of that was working as team on the Employment First Committee. Teamwork at the ground level to create policy. It wasn't others developing the policy for us, we contributed.

3. OPERATING RULES

Please go over your copy of the committee rules before the next meeting.

4. SAAC COMMUNITY PRESENTATIONS

PowerPoint template was created for community presentations as a convenience, not requirement. Use what works best for you as for your quarterly presentations.

Mark/Charlene asked to add a slide with a question about (1) action steps community members can take (2) actions come from SAAC members, not the Council.

Think about what types of support you may need before setting up a presentation. Contact Mark/Joan for background support.

Presentations take about 30 minutes.

Suggestion: Business cards for SAAC to identify themselves as members of the Council. Contact Carol directly about cards and what you want them (name, phone, email, etc.)

5. SAAC OFFICERS/BUSINESS

Between meetings, Chairperson and Vice-Chairperson, Jennifer A. and Lisa will contact all members a week before all meetings to check in.

One week after each meeting for feedback on SAAC and Council meetings.

Call/email one month after meeting to check-in on community presentations.

SAAC members would like to make a presentation to ARCA.

DDS CAC will be on November 8 & 9th in Sacramento.

6. SELF-ADVOCACY STATEWIDE NETWORK KEY POINTS

Community voices heard on a statewide level.

Each Area Board will send 1 person. ARCA, DDS-CAC, PFCA, SCDD-SAAC, DRC, UCEDs will also participate. The Network will meet 4 times a year in Sacramento.

Each community and Network will build a plan to increase advocacy.

7. SCDD PRESENTATION AGENDA

- a. Jennifer A., Lisa and Mark will present at the Council meeting.
- b. Copies of mission statements, Facilitation Books will be included in the packets
- c. Self-advocacy web page will part of SCDD website.
- d. SCDD website will have a resource library.
- e. SCDD office has Self-Advocacy Resource Room. Will have written materials, computer with internet access, telephone. Tammy E. will manage.
- f. Ideas about any of these developments can be sent to Carol and/or Mark.

8. COUNCIL MEMBER REPORTS

- a. Appropriate time for members to share personal mission statements.
- b. Molly is working with Tarjan Center to develop a conference for adults with cerebral palsy.
- c. Jennifer W. asked Rocio (AB 5) to assist with her communication at the Council meeting.
- d. Molly (keynote) and Jennifer W. (conference organizer) will attend a self-advocacy conference in SF.

9. GETTING SUPPORT

- a. Joan, Charlene & Mark are available to support any SAAC member.
- b. Joan will be checking in twice a month with each member by email and/or phone.
- c. SAAC members will be provided a flash drive with SCDD materials on it for each meeting. Members will bring flash drives to each meeting to update.

10. AGENDA HIGHLIGHTS

BUDGET

- a. Please review highlights in Council meeting packet
- b. Questions to the Council are:
 - 1. Should we start looking now to see where we can cut?
 - 2. Is there a place to cut where it will hurt less than in other places?
- c. Decision made in December; cuts have to be made between January-June.
- d. Council may want to recommend public hearings.
- e. November meeting: *How will we take this info back to individual communities?*
- f. The info will be put into plain language and given to SAAC members.
- g. Comment from SAAC should be a proactive.

COLLECTIVE STATEMENT ON BUDGET:

- a. Consolidate finance depts., executive directors, etc. Keep cuts as far away from consumers as possible. Make cuts in executive areas rather than from consumers
- b. Folks could end up back in nursing homes if community supports are removed, a clear step backward
- c. Adequate notice needs to be given to consumers in advance of any changes (unlike healthcare cuts that took place in January 2011)

It was moved/seconded (Bailey/Kennedy) to include these points in the SAAC report at tomorrow's Council meeting

2. EVALUATION OF COUNCIL ED

Will be presented in closed session tomorrow

3. CONFLICT OF INTEREST POLICY - Regional Center Boards

Policy informs Council about what issues to look at when reviewing these cases.

It was moved, seconded (Bailey/Boomer) for SAAC to recommend the Council not engage in renewals of waivers (conflict of interest).

Lisa will present at Council meeting tomorrow

11. FACILITATION BOOKS

PRESENTATION BY LEADERSHIP COACH: CHAR WILSON

- a. What to do when you're "stuck"
- b. Member comments:
 - i. When I'm stuck, I feel like I'm making progress, but I'm not, I'm just talking about it. But I'm getting to the point where I just want to do something about it.
 - ii. At difficult meeting last week, where nothing got accomplished, I was frustrated and doubted whether I should continue to participate in that group. I had expectations when I went into meeting, none of which came to pass.
 - iii. When doing computer programming, if I get stuck, take a few lines of code that does work and slowly expand that code.
- c. This process could be used with other committees or groups. Go through the process on the slides. Key is to go back to original shared goal.
- d. Fears come up when we feel pressure to do something right/perfect the first time.
- e. Char will be in contact with everyone to set up next phone call

12. WRAP UP

- a. Begin next meeting with update/recap of personal action plans.
- b. Mark, Carol & Leroy will not be at November meeting.
- c. Follow-up by SAAC Officers:
 - *Jennifer A. will call: Molly, Tammy & Jennifer W.
 - *Lisa will call: Kirsten, Michael & Dan

Notes for November Meeting and Facilitator Follow Up

1. Ways to collect information from audience during community presentations.
2. Facilitation plans - Finish/summarize what was done in September.). Joan will call members to complete facilitation self-survey, make summaries).
3. Put "Unstuck" steps in easy format to use.
4. Add sentence/question for SAAC presentation template re: "How to get involved, act"
5. Arrangements to present at ARCA mtg. (Lisa, Tammy, Carol)